

## MY THROWBACK HERMANUS!



Visiting Hermanus in winter has become our annual pilgrimage so to speak. It is the prettiest, serene of places in South Africa, I still have to discover a place that invigorates such "feel good" sensation in me with each visit, leaves me almost depressed when I have to pack and go home. My first holiday in Hermanus was in the winter of 2014 and again 2015. I still would love to see the summers! It was during our stay at [www.highseasonfarm.co.za](http://www.highseasonfarm.co.za) last year that I read in a publication about the area, how it is known for its "Champagne Air". I didn't have to wonder why as one experienced it. The air is so clean! In the morning it tends to be moist, you can almost touch the bubbles in the air plus the gentle sun-rays kissing your face. We made High Season Farm our home for

two nights, located on Route R320, the Hemel-en-Aarde Valley gateway to some of the best boutique wine estates in the Western Cape and South Africa featuring our favorite Creation Wines. Next door to High Season Farm is [www.newtonjohnson.com](http://www.newtonjohnson.com) from whence our first night's bottle of the gorgeous "Felicité Rose 2014 came from! I am not particularly a Rose wine drinker and opened the bottle



with much doubt, to my surprise my palate totally agreed with this "pink lady". It had a pleasant, sophisticated texture, light, tall and smooth on the tongue, with just enough acidity required, making it a perfect drink even in winter. Our Rose accompanied our beautifully prepared dinner basket that our hostess (Jani) pre-selected for us - the presentation, and selection of cold meats, cheese, salad... Ate first with our eyes - Rubab pie for desert:). Coffee time, and we look for milk. Lo and behold a jar of freshly pressed Nguni Cow's Milk awaits:). Such joy! Left me feeling like I was part of a "Country Living Magazine Shoot:-)". All the units come



with a fire-place. It is a TGCSA four star-graded establishment, therefore no need for dirty nails whilst trying to build the fire - the caretaker is at hand for such© It is a living farm with Nguni Cows roaming freely, there are ponds uniquely appointed close to most guest units, beautiful tall trees blanket the property – walking & bicycle trails offer ultimate relaxation, peace and proper breathing...No cellphone network -meaning complete disconnect, though there is Wi-Fi. I also see how Hermanus was a haven and still is for people recouping from illness - breathing in Hermanus feels like natural medicine.

What inspired Hermanus as a holiday destination of choice since 2014? Creation Wines, namely Secret Food & Wine Pairing. Yes, we plan our entire trip around this tantalizing food experience - only a foodie can understand! I am still to experience execution of food and wine plus ambience elsewhere as I do whenever I visit Creation Wine. In 2014 both myself and partner in all things 'Bon Vivant' - experienced what we both decided was, for the love of food and wine ... Culinary Orgasm! When food and wine are in unison striking the accurate notes with the right cord hitting the precise spot dead-on time... It is a real surprise to the palate!



Another highlight is the outdoor exhibition on Walker Bay beach, it is so well curated with every piece laid out perfectly, accompanied by the natural vegetation and scenery, the beautiful stones underneath the water. Where else in South Africa can your naked eye see into the water at the beach-front and with a clear view of what lies underneath...?



I just love that village called Hermanus! Just a leisurely walk in these streets leave me with a sense of contentment. I cannot wait until my next visit©

